



Laguna Phuket's back-to-back triathlons will be linked by a week-long Tri-Fest carnival.

High-res image:

<http://www.lagunaresorts.com/~ftpdm/Pictures/2011/Media%20Release%2026%20Sep%202011/Podium%20LPT%20Winners.jpg>

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Laguna Phuket Tri-Fest Schedule Unveiled

Details of Laguna Phuket's 10-day Tri-Fest carnival to be staged between the Laguna Phuket Triathlon (LPT) on 27 November and Ironman 70.3 Asia-Pacific Championship (IM70.3APC) on 4 December have been unveiled.

Following is the schedule – with highlights including select bike and run course practice sessions led by triathlon legends Juergen Zack and Scott Molina; and Survival Swim with Laguna Phuket, the resort's new charity initiative to teach local schoolchildren vital swimming skills:

<u>Date</u>	<u>Activity</u>
Thu 24 Nov	LPT Practice Bike Session with Ironman legend Juergen Zack
Fri 25 Nov	LPT Practice Run with Ironman World Champion Scott Molina LPT Practice Bike Session Survival Swim with Laguna Phuket, Bang Tao beach LPT Expo Free triathlon training seminar, Thanyapura Sports & Leisure Club
Sat 26 Nov	LPT Race Registration & Expo LPT Pasta Party
Sun 27 Nov	Race Day – Laguna Phuket Triathlon LPT Awards Party
Mon 28 Nov	Ironguides Recovery & Race Preparation Camp Swim Session with Juergen Zack, Thanyapura Sports & Leisure Club Survival Swim with Laguna Phuket, Bang Tao beach Body Balance class, RPM Health Club + lunch
Tue 29 Nov	IM70.3A-PC Swim Course open for practice Survival Swim with Laguna Phuket, Bang Tao beach Body Pump class, RPM Health Club + lunch
Wed 30 Nov	Ironguides Recovery & Race Preparation Camp IM70.3A-PC Swim Course open for practice Survival Swim with Laguna Phuket, Bang Tao beach Swim Session with Juergen Zack, Thanyapura Sports & Leisure Club Ironman Store & Tri Trade Show Body Balance class, RPM Health Club + lunch Speed Golf Tournament
Thu 1 Dec	Ironguides Recovery & Race Preparation Camp IM70.3A-PC Swim Course open for practice IM70.3A-PC Practice Bike Session with Juergen Zack Survival Swim with Laguna Phuket, Bang Tao beach Body Pump class, RPM Health Club + lunch Ironman Store & Tri Trade Show Open Water Swimming Competition Quiz & Ironman Movie Night
Fri 2 Dec	Ironguides Recovery & Race Preparation Camp IM70.3A-PC Swim Course open for practice Swim Session with Juergen Zack, Thanyapura Sports & Leisure Club IM70.3A-PC Practice Run Session with Scott Molina Free triathlon training seminar, Thanyapura Sports & Leisure Club Body Balance class, RPM Health Club + lunch Ironman Store & Tri Trade Show Athlete Registration "Meet the Pros" cocktail party

Sat 3 Dec

Ironkids event at Thanyapura Sports & Leisure Club
Ironguides Recovery & Race Preparation Camp
IM70.3A-PC Swim Course open for practice
Athlete Registration
Ironman Store & Tri Trade Show
IM70.3A-PC Pasta Party

Sun 4 Dec

Race Day – Ironman 70.3 Asia-Pacific Championship
“Black-Tie & Board Shorts” Awards Party

And in a further boost for the hundreds of worldwide athletes registered for the events, Thai Airways International will support both triathlons with special fares to Phuket and an additional 15kg baggage allowance for bikes.

Athletes can contact their local Thai Airways offices for fares and more information, or visit www.lagunaphukettriathlon.com or www.ironmanphuket.com and click on the Thai offer to link to Thai Airways reservations.

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Note to the Editor

Laguna Phuket is Asia’s finest destination resort – a collection of deluxe hotels and villas including Banyan Tree Phuket, Angsana Laguna Phuket (opening December 2011), Dusit Thani Laguna Phuket, Laguna Beach Resort, Outrigger Laguna Phuket Resort and Villas, Best Western Allamanda Laguna Phuket, Laguna Holiday Club Resort, and Laguna Property offering luxury investment and lifestyle residential properties - all sharing 1,000 acres of tropical parkland and three kilometres of beach frontage with the Laguna Phuket Golf Club, Canal Shopping Village, Banyan Tree Spa, four Angsana Spas, Laguna Wedding Chapel, Quest Laguna Phuket Adventure an on-site team building facility, and Latitude a unique stand-alone function venue.



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